Pediatric Obesity Conference

SATURDAY, APRIL 9, 2016
Center for Health Education & Research, Rm 102
Morehead, KY
8:00 am - 6:30 pm
### Pediatric Obesity Conference

**April 9, 2016**

**Register at** [www.neahec.org/obesity](http://www.neahec.org/obesity)

**Dr. Ashley Weedn, MD, MPH, FAAP**

**Ashley Weedn** earned her medical degree from the University of Oklahoma College of Medicine and completed a pediatrics residency at Arkansas Children’s Hospital. During residency, she-trained at the University of California at San Francisco in pediatric weight management. She returned to Oklahoma in 2010 and joined the department of pediatrics at the University of Oklahoma Health Sciences Center. Dr. Weedn serves as the medical director of the OU pediatric multidisciplinary weight management clinic, Healthy Futures. Co-chairs the national obesity interest group of the Academic Pediatric Association (APA). She also founded and co-chairs the Obesity Committee through the American Academy of Pediatrics.

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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Presenter</th>
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<tr>
<td>8:00-9:00</td>
<td>Registration/Breakfast</td>
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<tr>
<td>9:00-9:15</td>
<td>Welcome - Sandra Louise Cooper</td>
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<td>9:15-10:30</td>
<td>Pediatric Obesity: Scope and Management Dr. Stephanie Rose, MD, MPH, FAAP</td>
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<tr>
<td>10:30-10:45</td>
<td>Break</td>
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<td>10:45-12:00</td>
<td>Childhood Obesity in the Primary Care Office: An Overview of Assessment and Management Dr. Ashley Weedn, MD, MPH, FAAP</td>
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<td>12:00-12:30</td>
<td>Lunch</td>
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<td>12:30-1:00</td>
<td>Keynote - Being Their Voice: Effective Advocacy to Prevent Obesity Dr. Chris Bolling, MD</td>
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<td>1:00-2:15</td>
<td>Goal Setting Dr. Stephen Gillaspy, PhD</td>
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<td>2:15-2:30</td>
<td>Break</td>
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<td>2:30-3:45</td>
<td>Assessment of Obesity Co-Morbidities in Primary Care Dr. Ashley Weedn, MD, MPH, FAAP</td>
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<td>3:45-4:00</td>
<td>Break</td>
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<td>4:00-5:15</td>
<td>Motivational Interviewing Dr. Stephen Gillaspy, PhD</td>
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<td>5:15-5:45</td>
<td>Dinner</td>
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<td>5:45-6:30</td>
<td>Keynote - The New Obesity Algorithm: Bringing Treatment to Practice Dr. Chris Bolling, MD</td>
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<td>6:30</td>
<td>Closing</td>
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**Conference Objectives**

- Identify the prevalence and contributing factors of pediatric obesity in Kentucky.
- Recognize national recommendations for assessing pediatric obesity and associated co-morbidities.
- Describe evidence-based goal setting and intervention approaches for addressing pediatric obesity.
- List potential advocacy targets and implementation strategies for addressing pediatric obesity.

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### Keynote: The New Obesity Algorithm: Bringing Treatment to Practice

**Dr. Chris Bolling, MD**

Dr. Christopher Bolling completed his pediatric residency and chief residency at Cincinnati Children’s Hospital Medical Center (CCHMC) and is certified by the American Board of Pediatrics. He is currently a pediatrician and partner at Pediatric Associates in Crestview Hills, KY, and is a volunteer associate professor of pediatrics in the division of general and community pediatrics at CCHMC and the University of Cincinnati College of Medicine. Dr. Bolling serves as the chair for the American Academy of Pediatrics Section on Obesity and chair for the Kentucky Chapter of the American Academy of Pediatrics Obesity Task Force. He is the former president of the Northern Kentucky Medical Society, the Cincinnati Pediatric Research Group practice based research network, the Cincinnati Pediatric Society and the medical staff of Cincinnati Children’s Hospital.

### Continuing Nursing Education

**St. Claire Regional Medical Center** is accredited as a provider of continuing nursing education by the Kentucky Board of Nursing (KBN). KBN approval of a continuing nursing education provider does not constitute endorsement of program content nor commercial sponsors. This educational activity is offered for a maximum of 8.7 KBN contact hours for nurses. In order to receive credit for this session, participants must complete the entire CNE activity and submit an evaluation form. Offering number KBN 4-0006-12-16-127. Expiration 12/2016.

### Social Work Education

**Credit Pending**

**Center for Health Education & Research, Rm 102**

316 W. 2nd Street

Morehead, KY

### Faculty Disclosure

All planners, speakers, authors, reviewers, and staff members involved with content development for continuing education activities sponsored by the Northeast Kentucky Area Health Education Center are expected to disclose any real or perceived conflict of interest related to the content of the activity. Detailed disclosures will be included in participant materials or given prior to the start of the activity. All individuals involved disclosed that they have nothing to disclose.

### Continuing Education Activity

**Description**

The Northeast Kentucky Area Health Education Center presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentation is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

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**Continuing Medical Education**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Northeast Kentucky AHEC, Morehead State University, and the Gateway Wellness Coalition. The Northeast Kentucky AHEC is accredited by the KMA to provide continuing medical education for physicians. The Northeast Kentucky AHEC designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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### Program Highlights

- **8:00 - 9:00 am**
  - Registration/Breakfast

- **9:00 - 9:15 am**
  - Welcome - Sandra Louise Cooper

- **9:15 - 10:30 am**
  - Pediatric Obesity: Scope and Management Dr. Stephanie Rose, MD, MPH, FAAP

- **10:30 - 10:45 am**
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- **1:00 - 2:15 pm**
  - Goal Setting Dr. Stephen Gillaspy, PhD

- **2:15 - 2:30 pm**
  - Break

- **2:30 - 3:45 pm**
  - Assessment of Obesity Co-Morbidities in Primary Care Dr. Ashley Weedn, MD, MPH, FAAP

- **3:45 - 4:00 pm**
  - Break

- **4:00 - 5:15 pm**
  - Motivational Interviewing Dr. Stephen Gillaspy, PhD

- **5:15 - 5:45 pm**
  - Dinner

- **5:45 - 6:30 pm**
  - Keynote - The New Obesity Algorithm: Bringing Treatment to Practice Dr. Chris Bolling, MD

- **6:30 pm**
  - Closing

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If you require special services for this program, please indicate at time of registration or call 606.783.6830.

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Breakfast
- Omelette Bar

Break 1
- Parfait It Up

Lunch
- Create Your Own Salad

Break 2
- Sweet Treats

Dinner
- Carved Beef Tenderloin
- Stuffed Portabella
- Bacon, Cheddar Mashed Potatoes
- Vegetables
- Assorted Cheesecakes

Business casual attire is encouraged.

Register at www.neahec.org/obesity

This event is sponsored by:
- Northeast Kentucky Area Health Education Center
  hosted by
- St. Claire Regional Medical Center
- Gateway Wellness Coalition