KENTUCKY RURAL BEHAVIORAL HEALTH SYMPOSIUM

8:00 - 8:30am  Registration/Breakfast

8:30 - 8:40  Welcome

8:40 - 9:40  Management of Behavioral and Psychiatric Symptoms in Alzheimer's Dementia
Gregory Jicha, MD, PhD

Objectives:
• Describe the behavioral and neuropsychiatric manifestations seen in dementia.
• Explain the potential uses of pharmacologic agents in developing a patient-centered treatment for the behavioral and neuropsychiatric manifestations of dementia.
• Apply these principles to a series of cases that will lead to accurate diagnosis, and the development of a symptom-targeted treatment strategy for each real-life case discussed.

9:40 - 10:55  Population Based Care Through Integration: Wellness, Prevention, and Intervention in Community Health
Brittany Tenbarge, PhD

Objectives:
• Describe three foundational concepts that support the effectiveness of an integrated care practice model.
• Identify and describe at least three goals of an effective integrated care model.
• Describe at least three functional competencies that qualified behavioral health consultants must demonstrate to be effective with patients and providers in primary care settings.
• Describe at least one specific way an organization can utilize Health IT to support complex care management.
• Describe at least one innovative strategy of utilizing behavioral health consultations in a primary care setting to support patient wellness and prevention of chronic health conditions.

10:55 - 11:10  Break

11:10 - 12:10pm  Schizophrenia
Barbara Lang, RN, BC

Objectives:
• Describe signs and symptoms of schizophrenia.
• Discuss current research related to the cause of schizophrenia.
• Identify treatment and behavioral management strategies to improve the quality of patient function and independence.

12:10 - 12:40  Lunch

12:40 - 1:40  Overview of Kentucky Services for Intellectual and Developmental Disabilities
Crystal Shadd, MS

Objectives:
• Describe an overview of the organization of Kentucky Division for Developmental and Intellectual Disabilities.
• Identify community mental health centers and their role in providing services across the state.
• Explain a few services available to individuals with intellectual and developmental disabilities through state general funds.
• List information on intermediate care clinics that provide specialty medical care to individuals across the state with intellectual and developmental disabilities.
• Explain how to contact the Kentucky Division for Developmental and Intellectual Disabilities.

Register at www.neahec.org/krbhs

Registration Deadline: September 30, 2016
Registration Fee: $30
A light breakfast, lunch, and afternoon snack will be provided.

Pay online with Paypal or make check payable to:
Northeast Kentucky Area Health Education Center
ATTN: KaSandra Hensley
316 W. 2nd Street, Suite 203
Morehead, KY 40351

Disclaimer
The Northeast Kentucky Area Health Education Center presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentation is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

Faculty Disclosure
All planners, speakers, authors, reviewers, and staff members involved with content development for continuing education activities sponsored by the Northeast Kentucky Area Health Education Center are expected to disclose any real or perceived conflict of interest related to the content of the activity. Detailed disclosures were included in participant materials or given prior to the start of the activity. Dr. Gregory Jicha disclosed the following financial relationships: paid honoraria by Alltech for speaking and Lilly as a consulting fee; paid salary support by Esai, Lilly and Toyama for contract research. These relationships and Dr. Jicha’s presentation have been reviewed and any conflict of interest resolved per the NE KY AHEC policy. All other planners, speakers, authors, reviewers and staff members disclose they have nothing to disclose.

Continuing Medical Education
The Northeast Kentucky Area Health Education Center is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.
This activity is intended for physicians, physician assistants, nurses, social workers, therapists, mental health administrators and other interested health care professionals. For more information contact KaSandra Hensley at 606.783.6830 or kasandra.hensley@neahec.org.

The Northeast Kentucky AHEC designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Continuing Nursing Education**
St. Claire Regional Medical Center is accredited as a provider of continuing nursing education by the Kentucky Board of Nursing (KBN). KBN approval of a continuing nursing education provider does not constitute endorsement of program content nor commercial sponsors. This educational activity is offered for a maximum of 7.5 KBN contact hours for nurses. In order to receive credit for this session, participants must complete the entire CNE activity and submit an evaluation form. Offering number KBN 4-0006-12-16-135. Expiration 12/2016.

**Social Work Education**
This activity has been approved for 6.25 credit hours by the Kentucky Board of Social Work. Provider Number KBSW 2016097.

**Successful Completion**
For successful completion of this continuing education program, participants must sign appropriate attendance roster, be present for the duration of the program, and complete and return the online evaluation within 7 days. A statement of credit will be issued within two weeks following completion of all required documentation.

**Cancellation & Refunds**
Any cancellations made before September 30, 2016, will qualify for a full refund of fees. Cancellations made after this deadline are non-refundable.

Carol Barnett, PhD, LCSW
Carol is a two time graduate of the University of Kentucky with a Master of Science degree in Social Work and a Doctor of Philosophy in Social Work. She is a mental health counselor at Morehead State University working in the Counseling & Health Services department for the past 5 years. Carol is the primary investigator for the 3-year Garrett Lee Smith Suicide Prevention grant sponsored by SAMHSA. Suicide prevention has been her primary focus while working at MSU by promoting suicide prevention and working individually with college students. Carol has also worked at St. Claire Regional Medical Center as a social worker on the Behavioral Health Unit and with the St. Claire Counseling practice.

Gregory Jicha, MD, PhD
Dr. Jicha is a Professor in the Department of Neurology and Sanders-Brown Center on Aging at the University of Kentucky (UK). Dr Jicha serves as an Associate Center Director and leads the Clinical Core of the UK , NIA-funded Alzheimer’s Disease Center. He also serves as the Medical Director of KY Telecare and directs the Telemedicine Cognitive Clinic at UK, designed to reach out to rural populations across KY for both clinical and research-related activities in the area of AD and related disorders. Dr. Jicha holds the Robert T & Nyles Y McCowan Endowed Chair in Alzheimer’s Research at UK. He is the principle investigator at UK for the National Alzheimer’s Disease Cooperative Study Group and also serves on the Clinical Task Force and Steering Committee for the National Institute of Aging Alzheimer’s Disease Center Program. Dr. Jicha has also been elected as Chair of the Geriatric Section of the American Academy of Neurology. He developed the Maintenance of Certification Performance in Practice Module for the Management of Behavioral and Psychiatric Symptoms in Dementia for the American Academy of Neurology. His current research interests lie in the areas of preclinical disease states, mild cognitive impairment, vascular contributions to dementia, and clinical trials of disease modifying therapies for degenerative dementias.

Barbara Lang, RN, BC
Ms. Barbara Lang is a graduate of Brockville Psychiatric Hospital School of Nursing with a post-graduate certificate in Hospital Administration Ontario, Canada. She is an ANCC board certified psychiatric mental health nurse, and provides clinical support and regulatory oversight in approximately 100 hospitals in over 37 states for behavioral health programs managed by Horizon Health. She has developed evidence-based practice models for management of self-injurious behaviors and participated in the development of trauma informed curriculum and implementation of TIC models. She has over 40 years of behavioral health expertise and most recently focused on the implementation and development of Recovery Model/Trauma Sensitive pilot projects for inpatient programs.

Crystal Shadd, MS
Crystal Shadd has a bachelor’s degree from Georgetown College and received her master’s degree from the University of Wisconsin-Platteville. She has worked as a professional in the behavioral health field for over 14 years in a variety of roles including case management, program administration, residential supervisor, and quality administrator. She has been employed with the Cabinet for Health and Family Services since 2014 and is currently the Crisis Coordinator for the Division of Developmental and Intellectual Disabilities.
Suicide Prevention
Carol Barnett, PhD, LCSW
Objectives:
• Discuss understanding of the warning signs of suicidal behavior and identification of individuals who are at greatest risk of completing a suicidal act.
• Report data from recent CDC reports on the number of suicidal deaths in Kentucky and the region.
• Demonstrate the connection between rural health care and treatment of mental illness, specifically depression.
• Defend why all rural providers should have a suicidal patient protocol for their offices and facilities.

2:40 - 2:55
Break

2:55 - 3:55
Alcoholism in the Older Adult Population
Geoff Wilson, LCSW, LCADC
Objectives:
• Identify signs and symptoms of alcoholism in the older adult population.
• Discuss common comorbidities with the older population.
• Describe specific assessment/screening tools available for the older adult population experiencing issues related to alcoholism.
• Identify addiction treatment components available in the continuum of care.

3:55 - 4:00
Closing

Brittany Tenbarge, PhD
Brittany Tenbarge, PhD, is a licensed Clinical Psychologist and Behavioral Health Consultant working for Cherokee Health Systems, a high-volume Federally Qualified Health Center and Community Mental Health Center in Eastern Tennessee. Dr. Tenbarge works as part of the primary care team providing assessment, intervention, and consultation. She completed her PhD at the University of Toledo. She is involved in supervision and training for practicum students and postdoctoral fellows, as well as training for outside organizations and providers implementing population-based health strategies.

Geoff Wilson, LCSW, LCADC
Geoff Wilson is a licensed clinical social worker and licensed clinical alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields in Kentucky for over 20 years. He has been employed with The Ridge Behavioral Health System in Lexington for the last 13 years, where he has held the positions of director of addiction services, and director of business development. He currently serves as director of clinical operations for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient department. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for more than 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky and in 2008 was appointed by Governor Steve Beshear to the Kentucky Board of Alcohol and Drug Counselors. In 2013, he was selected by NASW-KY as the Social Worker of the Year. He maintains a private counseling practice in Lexington where he treats adults, adolescents, and families.