

Behavioral Health Inpatient Unit



Student Orientation

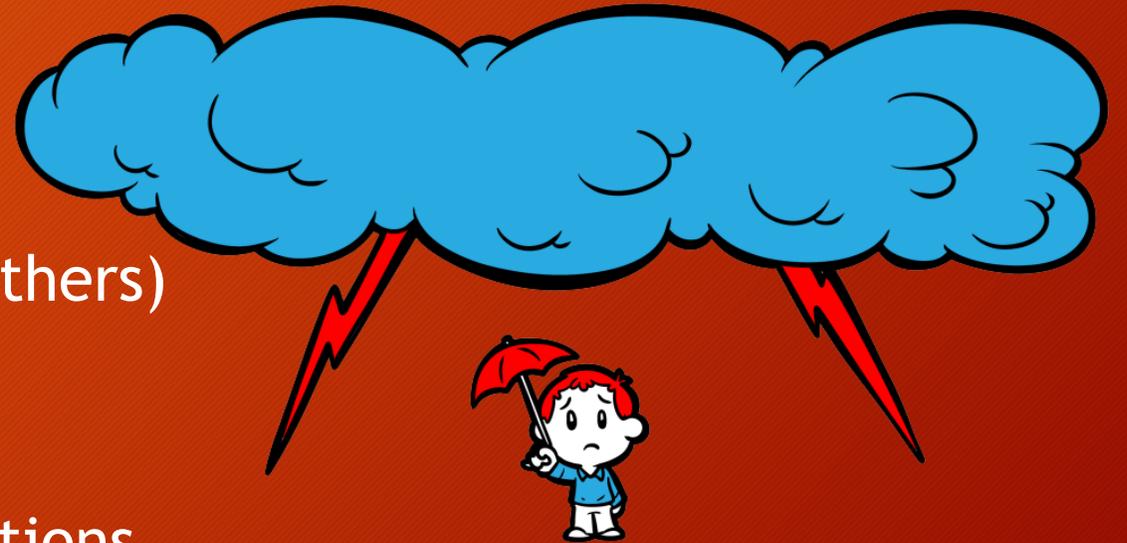
St. Claire HealthCare Behavioral Health Inpatient Program



A 20-bed acute inpatient psychiatric unit that treats individuals 18 years and older. Located within St. Claire HealthCare, the unit offers patients not only excellent psychiatric services, but also the security and convenience of a full-service hospital.

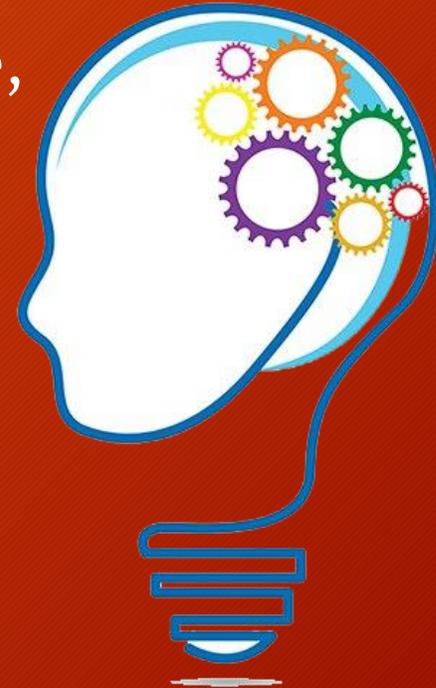
Patients admitted to the program exhibit one or more of the following symptoms:

- Suicidal thoughts/actions
- Homicidal ideation
- Destructive behavior
- Disorientation/memory impairment (severe enough to endanger self or others)
- Self-mutilation behavior
- Assaultive behavior
- Hallucinations, delusions, panic reactions, anxiety, agitation, and or depression



The goal

The goal of St. Claire's Behavioral Health Inpatient Unit is to provide a secure, supportive, stimulating and therapeutic environment that returns the patient to stability and achieves optimum functional improvement.



To meet this goal the following services are offered:

- Interdisciplinary team approach which includes staff psychiatrist, program director, licensed social worker, activity therapist, registered nurses, licensed practical nurses, and nursing assistants
- Adult and Senior Adult programming
- Medication management and education
- Individualized treatment plan
- Basic life skill enhancement
- Nutrition Services
- Family Education and Support
- Placement Assistance
- Discharge Planning services



For your safety and the safety and security of our patients, please heed the following:

DO's

Professional attire only or required uniform

Check all unit doors when exiting to ensure they are locked

Keep all patient information confidential

Report to your supervisor/instructor if you know a patient on the unit

Keep interactions with patients as authorized by clinical supervisor only

In the event of a code white, aggressive patient, remove yourself from the situation immediately

This is not an all-inclusive list

For your safety and the safety and security of our patients, please heed the following:

DO NOT's	
No personal items on unit: backpacks, purses	No open toed shoes
No food or drinks in patient care areas	Do not give personal information/details to patients
No tobacco products	Do not leave a patient unattended in any patient care area (group rooms, dining room, office)
No weapons of any kind	Do not answer unit phones
No cellphones or earbuds in patient care areas	Do not interview patients if roommate is present in room
No lanyards	Do not permit anyone entrance on the unit; BHU staff permit entrance and exit when needed
No plastic bags	Do not physically hold a patient for any reason

This is not an all-inclusive list

Personal safety

Although staff will be very aware of your safety, you must ensure your own safety at all times. If at any stage you have any concerns, feel unsafe or are in any danger while you are working, please remove yourself from the area and communicate with a member of staff immediately.



Mental illness

Mental illness can present in ways where patients may become aggressive and unpredictable in their behavior. This behavior will be managed by the trained and experienced nursing staffs, who all work consistently hard to be proactive in identifying potential incidences to ensure that a safe working environment is shared by all. Do not become actively involved in these interventions and remove yourself to a safe area. Your safety is of paramount consideration to us (and probably to you too).



The image shows a close-up of a red brick wall. The word "STEREOTYPES" is written across the bricks in large, white, block letters. The letters have a distressed, weathered appearance, with some of the paint missing or chipped away, revealing the underlying brick. The background of the slide is dark red, with a grey horizontal bar behind the image and a yellow square in the top right corner.

STEREOTYPES

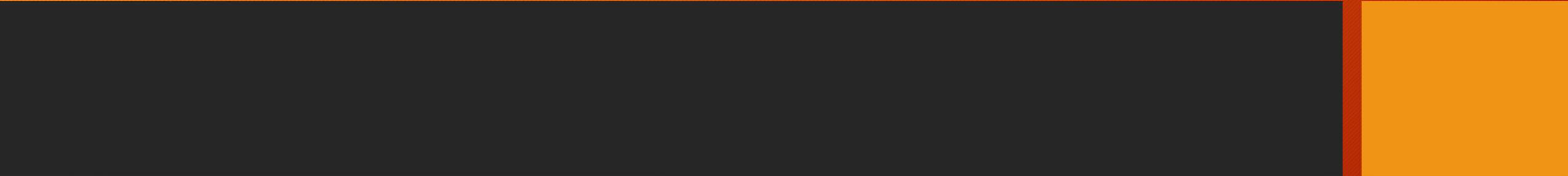
There is a significant false perception that underlies some of the most dangerous stereotypes that all people with a mental illness are dangerous. When receiving the appropriate treatment, those experiencing the most severe mental illnesses are rarely dangerous and it is important to challenge these attitudes and stereotypes prior to commencing your placement.

PATIENT DISCLOSURE

It is important to be aware that as a duty of care any information that is told to you that directly affects the treatment or care of a patient must be handed over to the treating team. At times patients may ask you to “keep a secret”. You are not to agree to this, but explain to the patient that confidentiality will be kept within the treating team. Patients may tell students things that they have not told other staff. You must communicate this information to the treating team as soon as possible.

Agreement Form

- Please read and print the Behavioral Health Clinical Agreement
- Sign, date, and return agreement to the AHEC office prior to clinical



thank you